

Baarah maahaa

Baarah maahaa maa^Njh mehlaa 5 ghar 4

Ek-o^Nkaar satgur parsaad.

kirat̄ karam kay veechhurhay kar kirpaa maylhu raam.
chaar kunt dah dis bharamay thak aa-ay parabh̄ kee saam.
Dhayn duDhai tay baahree kit̄ai na aavai kaam.
jal bin saakh̄ kumlaavatee upjahi naahee daam.
har naah na milee-ai saajnai kat̄ paa-ee-ai bisraam.
jit̄ ghar har kant̄ na pargata-ee bhath̄ nagar say garaam.
sarab seegaar tambol ras san dayhee sabh̄ khaam.
parabh̄ su-aamee kant̄ vihoonee-aa meet̄ sajan̄ sabh̄ jaam.
naanak kee banantee-aa kar kirpaa deejai naam.
har maylhu su-aamee sang parabh̄ jis kaa nihchal Dhaam. ||1||
chayt̄ govind̄ araaDhee-ai hovai anand ghanaa.
sant̄ janaa mil paa-ee-ai rasnaa naam bhanaa.
jin paa-i-aa parabh̄ aapnaa aa-ay tiseh ganaa.
ik khin tis bin jeevnaa birthaa janam janaa.
jal thal mahee-al poori-aa ravi-aa vich vanaa.
so parabh̄ chit̄ na aavee kit̄-rhaa dukh ganaa.
jinee raavi-aa so parabh̄oo tinnaa bhaag manaa.
har darsan ka^N-u man lochdaa naanak pi-aas manaa.
chayt̄ milaa-ay so parabh̄oo tis kai paa-ay lagaa. ||2||
vaisaakh̄ Dheeran ki-o vaadhee-aa jinaa paraym bichhohu.
har saajan purakh̄ visaar kai lagee maa-i-aa Dhohu.
putar kaltar na sang Dhanaa har avinaasee oh.
palach palach saglee mu-ee jhoothai DhanDhai moh.
ikas har kay naam bin agai la-ee-ah khohi.
da-yu visaar viguchnaa parabh̄ bin avar na ko-ay.
pareetam charnee jo lagay tin kee nirmal so-ay.
naanak kee parabh̄ bayntee parabh̄ milhu paraapat̄ ho-ay.
vaisaakh̄ suhaavaa taa^N lagai jaa sant̄ bhaytai har so-ay. ||3||
har jayth̄ jurhandaa lorhee-ai jis agai sabh̄ nivann.
har sajan̄ daavan̄ lagi-aa kisai na day-ee bann.
maan̄ak motee naam parabh̄ un lagai naahee sann.
rang sabhay naaraa-inai jaytay man bhaavann.
jo har lorhay so karay so-ee jee-a karann.
jo parabh̄ keetay aapnay say-ee kahee-ahi Dhan.
aapan̄ lee-aa jay milai vichhurh̄ ki-o rovann.
saaDhoo sang paraapat̄ay naanak rang maanan.
har jayth̄ rangeelaa tis Dhanee jis kai bhaag mathann. ||4||
aasaarh̄ tapandaa tis lagai har naahu na jinna paas.
jagjeevan purakh̄ ti-aag kai maanas sandee aas.
duyai bhaa-ay viguchee-ai gal pa-ees jam kee faas.
jayhaa beejai so lunai mathai jo likhi-aas.

rain vihaanee pachhutaanee uth chalee ga-ee niraas.
jin kou saaDhoo bhaytee-ai so dargeh ho-ay khalaas.
kar kirpaa parabh aapnee tayray darsan ho-ay pi-aas.
parabh tuDh bin doojaa ko nahee naanak kee ardaas.
aasaarh suhandaa tis lagai jis man har charan nivaas. ||5||
saavan sarsee kaamnee charan kamal si-o pi-aar.
man tan rataa sach rang iko naam aDhaar.
bikhi-aa rang koorhaavi-aa disan sabhay chhaar.
har amrit boond suhaavane mil saaDhoo peevanhaar.
van tin parabh sang ma-oli-aa samrath purakh apaar.
har milnai no man lochdaa karam milaavanhaar.
jinee sakhee-ay parabh paa-i-aa ha^N-u tin kai sad balihaar.
naanak har jee ma-i-aa kar sabad savaaranhaar.
saavan tinaa suhaagane jin raam naam ur haar. ||6||
bhaadu-ay bharam bhulaanee-aa doojai lagaa hayt.
lakh seegaar banaa-i-aa kaaraj naahee kayt.
jit din dayh binsasee tit vaylai kahsan parayt.
pakarh chala-in doot jam kisai na daynee bhayt.
chhad kharhotay khinai maahi jin si-o lagaa hayt.
hath marorhai tan kapay si-aahhu ho-aa sayt.
jayhaa beejai so lunai karmaa sand-rhaa khayt.
naanak parabh sarnaagatee charan bohith parabh dayt.
say bhaadu-ay narak na paa-ee-ah gur rakhan vaalaa hayt. ||7||
asun paraym umaahrhaa ki-o milee-ai har jaa-ay.
man tan pi-aas darsan ghane ko-ee aan milaavai maa-ay.
sant sahaa-ee paraym kay ha-o tin kai laagaa paa-ay.
vin parabh ki-o sukh paa-ee-ai doojee naahee jaa-ay.
jin^Hee chaakhi-aa paraym ras say taripat rahay aaghaa-ay.
aap ti-aag bintee karahi layho parabhoo larh laa-ay.
jo har kant milaa-ee-aa se vichhurh kateh na jaa-ay.
parabh vin doojaa ko nahee naanak har sarna-ay.
asoo sukhee vasandee-aa jinaa ma-i-aa har raa-ay. ||8||
katik karam kamaavnay dos na kaahoo jog.
parmaysar tay bhuli-aa^N vi-aapan sabhay rog.
vaimukh ho-ay raam tay lagan janam vijog.
khin meh ka-urhay ho-ay ga-ay jit-rhay maa-i-aa bhog.
vich na ko-ee kar sakai kis thai roveh roj.
keetaa kichhoo na hova-ee likhi-aa Dhur sanjog.
vadbhaagee mayraa parabh milai taa^N utreh sabh bi-og.
naanak ka-o parabh raakh layhi mayray saahib bandee moch.
katik hovai saaDhsang binsahi sabhay soch. ||9||
manghir maahi sohandee-aa har pir sang baith-rhee-aah.
tin kee sobhaa ki-aa gane je saahib maylrhee-aah.
tan man ma-oli-aa raam si-o sang saaDh sahaylrhee-aah.
saaDh janaa tay baahree say rahan ikaylarhee-aah.
tin dukh na kabhoo utrai say jam kai vas parhee-aah.
jinee raavi-aa parabh aapnaa say disan nit kharhee-aah.
raatan javayhar laal har kanth tinaa jarhee-aah.

naanak baa^Nchhai Dhoorh tin parabh sarnee dar parhee-aah.
manghir parabh aaraaDhanaa bahurh na janamrhee-aah. ||10||
pokh tukhaar na vi-aapa-ee kanth mili-aa har naahu.
man bayDhi-aa charnaarbind darsan lagrhaa saahu.
ot govind gopaal raa-ay sayvaa su-aamee laahu.
bikhi-aa pohi na sak-ee mil saaDhoo gun gaahu.
jah tay upjee tah milee sachee pareet samaahu.
kar geh leenee paarbarahm bahurh na vichhurhi-aahu.
baar jaa-o lakh bayree-aa har sajan agam agaahu.
saram pa-ee naaraa-inai naanak dar pa-ee-aahu.
pokh sohandaa sarab sukh jis bakhsay vayparvaahu. ||11||
maagh majan sang saaDhoo-aa Dhoorhee kar isnaan.
har kaa naam Dhi-aa-ay sun sabhnaa no kar daan.
janam karam mal utrai man tay jaa-ay gumaan.
kaam karoDh na mohee-ai binsai lobh su-aan.
sachai maarag chaldi-aa ustat karay jahaan.
athsath tirath sagal punn jee-a da-i-aa parvaan.
jis no dayvai da-i-aa kar so-ee purakh sujaan.
jinaa mili-aa parabh aapnaa naanak tin kurbaan.
maagh suchay say kaa^Ndhee-ah jin pooraa gur miharvaan. ||12||
fulgun anand upaarjanaa har sajan pargatay aa-ay.
sant sahaa-ee raam kay kar kirpaa dee-aa milaa-ay.
sayj suhaavee sarab sukh hun dukhaa naahee jaa-ay.
ichh punee vadbhaagnee var paa-i-aa har raa-ay.
mil sahee-aa mangal gaavhee geet govind alaa-ay.
har jayhaa avar na dis-ee ko-ee doojaa lavai na laa-ay.
halat palat savaari-on nihchal ditee-an jaa-ay.
sansaar saagar tay rakhi-an bahurh na janmai Dhaa-ay.
jihvaa ayk anayk gun taray naanak charnee paa-ay.
fulgun nit salaah-ai jis no til na tamaa-ay. ||13||
jin jin naam Dhi-aa-i-aa tin kay kaaj saray.
har gur pooraa aaraaDhi-aa dargeh sach kharay.
sarab sukhaa niDh charan har bha-ojal bikham taray.
paraym bhagat tin paa-ee-aa bikhi-aa naahi jaray.
koorh ga-ay dubiDhaa nasee pooran sach bharay.
paarbarahm parabh sayvday man andar ayk Dharay.
maah divas moorat bhalay jis ka-o nadar karay.
naanak mangai daras daan kirpaa karahu haray. ||14||1||